

60m

Open Brendan Ashcroft 7.13

Set at: Tasmania Championships 20/03/2021

Juniors		Set	Performance
Under 13	Not Claimed		
Under 14	Niduka Ranasinghe	2019	9.84
Under 15	Lachlan Mariner	2019	7.60
Under 16	Finn Paynter	2019	7.86
Under 17	Lucas Vaidie	2020	7.72
Under 18	Lukas Ryan	2019	7.57
Under 20	Ky Morgenthaler	2019	7.60
Masters			
35-39	Leigh Phelan	2011	7.25
40-44	Leigh Phelan	2017	7.26
45-49	Alexander Newman	2020	8.09
50-54	Kurt Golonka	2021	8.24
55-59	Glenn McLean	2019	8.92
60-64	Werner Widera	1982	8.84 (8.6h)
65-69	Not Claimed		
70+	Llew Jenkins	2020	13.21

This event was introduced in the nitro round in December 2019 although it had been contested for some years in master's athletics.

Note: (?.?h) indicates hand timed. The international standard is to add 0.24s to the handheld time to equate with an electronic time for 60m, 100m, 200m and short hurdles.

100m

Open Shane Naylor 10.21

Set at: Canberra 18/3/1995

Juniors		Set	Performance
Under 13	David Driscoll	1984	11.94 (11.7h)
Under 14	Jason Santa	2009	11.50
Under 15	Jason Santa	2010	11.28
Under 16	Jim Sarellis	1984	11.04 (10.8h)
Under 17	Jim Sarellis	1984	10.94 (10.7h)
Under 18	Shane Naylor	1985	10.64 (10.4h)
Under 20	Shane Naylor	1986	10.35
Masters			
35-39	Shane Fairlee	2008	11.24
40-44	Simon Jackson	2019	11.17
45-49	Hans Meiselbach	1978	12.34 (12.1h)
50-54	Max Binnington	2001	12.14 (11.9h)
55-59	Max Binnington	2006	12.34 (12.1h)
60-64	Werner Widera	1984	14.14 (13.9h)
65-69	Werner Widera	1995	14.74 (14.5h)
	Hans Meiselbach	1987	14.74 (14.5h)
70+	Not Claimed		

This event was introduced in the late 1960s to replace the 100yd.

Shane also has a wind assisted 10.18 and a handheld time of 10.1.

Note: (?.?h) indicates hand timed. The international standard is to add 0.24s to the handheld time to equate with an electronic time for 100m, 200m and short hurdles.

200m

Open Will Johns 20.94

Set in: Canberra 10/2/2019

Juniors	Set	Performance
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Under 13	David Driscoll	1984	24.24 (24.0h)
Under 14	David Driscoll	1984	24.24 (24.0h)
Under 15	Sean Wroe	2000	23.04
Under 16	Shane Naylor	1984	22.14 (21.9h)
Under 17	Shane Naylor	1984	22.14 (21.9h)
Under 18	Rohan Robinson	1990	21.44 (21.2h)
Under 20	Cameron De Bruin	2020	21.31

Masters

35-39	Leigh Phelan	2011	23.20
40-44	Simon Jackson	2019	22.51
	Leigh Phelan	2017	22.36 (NWI)
45-49	Kurt Golonka	2017	24.98
50-54	Max Binnington	2001	24.34 (24.1h)
55-59	Hans Meiselbach	1985	27.24 (27.0h)
60-64	Werner Widera	1984	29.04 (28.8h)
60-64	Hans Meiselbach	1987	29.04 (28.8h)
65-69	Werner Widera	1988	29.54 (29.3H)
70+	Not Claimed		

Will Johns also has a 20.90 in Jan 2018 prior to joining our Club.

Peter Fitzgerald has a 20.5 handheld time set in 1975.

Notes:

1. (NWI) There was no wind instrument for this event and therefore the time is unofficial.
2. (?.?h) indicates hand timed. The international standard is to add 0.24s to the handheld time to equate with an electronic time for 100m, 200m and short hurdles.

400m

Open Sean Wroe 45.07

Set at: Brisbane 20/3/2009

Juniors		Set	Performance
Under 13	Dean Anderson	1980	56.84 (56.7h)
Under 14	Adam Spencer	2015	52.48
Under 15	Scott Farley	1984	51.24 (51.1h)
Under 16	Scott Farley	1985	50.44 (50.3h)
Under 17	Cooper Smith	2018	48.49
Under 18	Sean Wroe	2003	47.85
	Cooper Smith	2019	47.85
Under 20	Rohan Robinson	1991	45.98
Masters			
35-39	Will Little	2018	50.70
40-44	Leigh Phelan	2016	51.89
45-49	Kurt Golonka	2017	55.68
50-54	Kurt Golonka	2020	56.43
55-59	Hans Meiselbach	1985	60.14 (60.0h)
60-64	Hans Meiselbach	1990	64.24 (64.1h)
65-69	Hans Meiselbach	1995	71.44 (71.3h)
70+	Not Claimed		

Note: (?.?h) indicates hand timed. The international standard is to add 0.14s to the handheld time to equate with an electronic time for 400m and 400m hurdles.

600m

Club Record James Hatton 1:22.96 (82.96)

Set 2020.

Open	<i>Tom McLean</i>	<i>2019</i>	<i>1:34.74 (1:34.6h)</i>
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Juniors		Set	Performance
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Under 13	Will Orchard	2019	1:49.74 (1:49.6h)
Under 14	Will Orchard	2020	01:47.4
Under 15	Not Claimed		
Under 16	Rubin Howard	2019	1:30.14 (1:30.0h)
Under 17	Saksham Singh	2020	01:37.4
Under 18	Lukas Ryan	2019	1:45.84 (1:45.7h)
Under 20	James Hatton	2020	01:22.96

Masters

35-39	Will Little	2019	1:34.94 (1:34.8h)
40-44	Not Claimed		
45-49	Mickael Soussan	2019	1:36.34 (1:36.2h)
50-54	Kurt Golonka	2019	1:41.64 (1:41.5h)
55-59	Peter Rushen	2019	1:54.54 (1:54.4h)
60-64	Not Claimed		
65-69	Not Claimed		
70+	Not Claimed		

Note: (?.?h) indicates hand timed. The international standard is to add 0.14s to the handheld time to equate with an electronic time for races up to 800m.

This event is very irregular and was only introduced into Nitro interclub in 2019.

800m

Open Peter Bourke 1:44.78

Set at: Brisbane 20/3/1982

Juniors	Set	Performance
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Under 13	Ben Bowen	1986	2:14.1
Under 14	Adam Spencer	2015	2:01.45
Under 15	Adam Spencer	2016	1:56.8
Under 16	Adam Spencer	2017	1:53.98
Under 17	Craig Huffer	2006	1:52.90
Under 18	Gary Nevin	1985	1:51.0
Under 20	Kris McCarthy	1999	1:48.6

Masters

35-39	Tony Wilson	2007	1:54.1
40-44	Tony Wilson	2008	1:56.4
45-49	Eric Sigmont	1990	2:01.7
50-54	Eric Sigmont	1998	2:10.1
55-59	Hans Meiselbach	1985	2:24.6
60-64	Doug Adeney	2007	2:36.9
65-69	Hans Meiselbach	1997	3:04.9
70-74	Peter Colthup	1993	3:39.0
75+	Ralph Bennett	2020	3:57.1

1,500m

Open Pat Scammell 3:34.61

Set at: Melbourne 17/3/1988

<i>Juniors</i>	<i>Set</i>	<i>Performance</i>
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Under 13	Ben Bowen	1986	4:33.9
Under 14	Michael Power	1990	4:14.0
Under 15	Michael Power	1991	3:56.0
Under 16	Michael Power	1992	3:55.07
Under 17	Michael Power	1993	3:46.9
Under 18	Michael Power	1994	3:45.31
Under 20	Adam Spencer	2021	3:39.94

Masters

35-39	Tony Wilson	2007	3:57.00
40-44	Tony Wilson	2008	3:58.83
45-49	Eric Sigmont	1997	4:15.6
50-54	Eric Sigmont	2000	4:35.4
55-59	Eric Sigmont	2004	4:46.6
60-64	Eric Sigmont	2010	5:12.44
65-69	Werner Widera	1988	7:17.8
70+	Not Claimed		

Ryan Gregson has run the fastest 1500m by a member but did not run it on the track for the Club.

3,000m

Open Michael Power 7:46.22

Set at: Brisbane 8/9/2000

<i>Juniors</i>	<i>Set</i>	<i>Performance</i>
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Under 13	Tony Wilson	1980	10:25.9
Under 14	Sam Lindsay	2019	9:49.59
Under 15	Michael Power	1991	8:53.0
Under 16	Marcus Clarke	1976	8:27.8
Under 17	Michael Power	1993	8:14.63
Under 18	Michael Power	1994	8:08.8
Under 20	Michael Power	1996	8:02.94

Masters

35-39	Craig Semple	2005	8:15.8
40-44	Tony Wilson	2008	8:50.0
45-49	Trevor Vincent	1986	9:30.5
50-54	Paul Wilson	2018	9:58.38
55-59	Peter Rushen	2020	10:31.7
60-64	Peter Rushen	2021	10:20.04
65-69	Peter Colthup	1989	14:10.8
70-74	Alan Irwin	2016	15:08.19
75+	Not Claimed		

5,000m

Open Ron Clarke 13.16.6

Set at: Stockholm 5/7/1966

Juniors		Set	Performance
Under 18	Not Claimed		
Under 20	Robert DeCastella	1976	13.58.4
Masters			
35-39	Trevor Vincent	1978	15:01.0
40-44	Trevor Vincent	1980	14:48.0
45-49	Trevor Vincent	1984	15:35.0
50-54	Jamie Rossjohn	2019	17:11.6
55-59	Peter Rushen	2019	17:47.9
60-64	Peter Rushen	2021	17:58.37
65-69	Not Claimed		
70-74	Not Claimed		
75-79	Ralph Bennett	2020	28:47.6

At the time of setting, Ron Clarkes time was a world record.

10,000m

Open Ron Clarke 27.39.89

Set at: Oslo, Norway on 14/6/1965

Juniors		Set	Performance
Under 18	Not Claimed		
Under 20	Robert De Castella	1977	28:50.4
Masters			
35-39	Trevor Vincent	1978	31:32.6
40-44	Trevor Vincent	1981	30:50.0
45-49	Trevor Vincent	1984	33:00.0
50-54	Jamie Rossjohn	2019	35:29.0
55-59	Peter Rushen	2019	37:32.0
60-64	Peter Rushen	2021	37:02.5
65-69	Not Claimed		
70+	Not Claimed		

At the time of setting, Ron Clarke's time was a world record.

This event does not have an U18 only race.

2,000m Steeplechase (91.4cm)

Open Fraser Thompson 5:50.1

Set at: interclub in 1996

Juniors

		Set	Performance
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76.2cm

Under 14	Will Orchard	2021	7:01.12
Under 15	Chris Hibbert	2011	6:49.94
Under 16	Brendan Woodman	2002	6:30.3

91.4cm

Under 16	Rodney Davies	1983	6:05.5
Under 17	Laurie Dalton	1984	6:02.9
Under 18	Steele Irish	1992	6:01.5
Under 20	Steele Irish	1994	5:54.2

Masters

35-39	Not Claimed		
40-44	Richard Dowling	1991	6:55.4
45-49	Hank Van Wijngaarden	1980	6:43.8
50-54	Hans Meiselbach	1979	7:42.0
55-59	Not Claimed		
60-64	Eric Sigmont	2010	8:08.9
65-69	Not Claimed		
70+	Not Claimed		

3,000m Steeplechase (91.4cm.)

Open Robert Gilfillan 8.31.4

Set at: Melbourne on 6/10/1980

Junior	Set	Performance
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Under 18	Steele Irish	1992	9:18.1
Under 20	Robert Walczak	1969	9:10.6
Under 20	Anthony Neal	1999	9.03.7

Masters

35-39	Peter Macknamara	2013	10:13.5
40-44	Peter Macknamara	2015	10:00.07
45-49	Peter Macknamara	2018	10:20.7
50-54	Kevin Mannix	2021	11:37.55
55-59	Michael Ryan	2018	15:17.5
60-64	Eric Sigmont	2010	12:55.44
65-69	Not Claimed		
70+	Not Claimed		

Sprint Hurdles (10ft 106.7cm)

Open Max Binnington 13.72

Set at: Brisbane 4/10/1982

<i>Juniors</i>		<i>Set</i>	<i>Performance</i>
80m 8ft 76.2cm			
Under 13	William Wong	2019	13.4
90m 9ft 76.2cm			
Under 14	William Wong	2019	12.35
100m 10ft 84cm			
Under 14	William Wong	2020	14.49
Under 15	William Wong	2021	13.35
Under 16	William Wong	2021	13.05
110m 10ft 91.4cm			
Under 17	Andrew Taylor	1983	14.3
Under 18	Andrew Taylor	1983	14.3
	Peter Kent	1985	14.3
10ft 99.1cm			
Under 20	Rohan Robinson	1990	14.8
Masters			
10ft 99.1cm			
35-39	Kulan Ranasinghe	2015	18.03
40-44	Kulan Ranasinghe	2019	16.98
45-49	Greg Varigos	2007	17.7
10ft 91.4cm			
50-54	Hans Meiselbach	1980	19.2
55-59	Max Binnington	2004	16.5
60-64	Hans Meiselbach	1990	20.0
65-69	Not Claimed		
70+	Not Claimed		

Note: (?.?h) indicates hand timed. The international standard is to add 0.24s to the handheld time to equate with an electronic time for short hurdles.

400m Hurdles. (10ft 91.4cm)

Open Rohan Robinson 48.28

Set at: Atlanta USA 31/7/1996

Juniors		Set	Performance
200m. 10ft 76.2cm			
Under 14	William Wong	2020	28.80
Under 15	William Wong	2021	26.29
Under 16	Andrew McGrath	2013	25.37
400m. 10ft 84cm			
Under 17	Rohan Robinson	1988	54.2
Under 18	Rohan Robinson	1990	51.2
400m 10ft 91.4cm			
Under 20	Rohan Robinson	1992	49.35
Masters			
10ft 91.4cm			
35-39	Kulan Ranasinghe	2015	55.59
40-44	Kulan Ranasinghe	2019	59.55
45-49	Max Binnington	1996	58.8
10ft 84cm			
50-54	Hans Meiselbach	1981	65.1
55-59	Hans Meiselbach	1984	68.09
60-64	Peter Colthup	1981	83.8
300h			
65-69	Hans Meiselbach	1994	53.2
70+	Not Claimed		

Note: (?.?h) indicates hand timed. The international standard is to add 0.14s to the handheld time to equate with an electronic time for 400m and 400m hurdles.

1,500m Walk

Open Rhydian Cowley 5:29.0

Set at: interclub in 2014

<i>Juniors</i>		<i>Set</i>	<i>Performance</i>
Under 13	Anthony Keeshan	1981	7:42.0
Under 14	David Dillon	1967	7:14.2
Under 15	Anthony Keeshan	1982	6:41.3
Under 16	Domenic McGrath	1988	6:24.35
Under 17	Domenic McGrath	1988	6:24.35
Under 18	Domenic McGrath	1990	6:19.3
Under 20	Domenic McGrath	1990	6:19.3
<i>Masters</i>			
35-39	Peter Buller	1982	6:29.0
40-44	Bill Dillon	1979	6:52.0
45-49	Peter Buller	1991	6:47.0
50-54	Phil Hutton	2001	8:03.2
55-59	Phil Hutton	2002	8:35.1
60-64	Phil Hutton	2007	8:55.1
65-69	Jim Short	1991	8:52.9
70-74	Ralph Bennett	2016	8:15.21
	Ralph Bennett	2018	8:45.13

2,000m Walk

Open Rhydian Cowley 7:29.1

Set in: 2014.

<i>Juniors</i>	<i>Set</i>	<i>Performance</i>
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Under 14	Andrew Almond	1991	12:13.0
Under 15	Scott Hutton	1990	11:00.8
Under 16	Domenic McGrath	1987	9:14.0
Under 17	Domenic McGrath	1989	9:14.0
Under 18	Domenic McGrath	1990	8:53.0
Under 20	Rhydian Cowley	2011	7:54.0

Masters

35-39	Ross Reid	1994	8:36.8
40-44	Ross Reid	1995	8:43.2
45-49	Ross Reid	2002	8:54.6
50-54	Peter Buller	1995	10:21.0
55-59	Phil Hutton	2001	11:00.4
60-64	Jim Short	2010	11:23.4
65-69	Jim Short	1991	11:52.0
70-74	Ralph Bennett	2016	11:34.4
75-79	Ralph Bennett	2019	11:55.4

3,000m Walk

Open Rhydian Cowley 11:33.10

Set in: 2015

Juniors		Set	Performance
Under 16	Rhydian Cowley	2007	13:35.8
Under 17	Rhydian Cowley	2007	12:51.8
Under 18	Rhydian Cowley	2010	12:33.89
Under 20	Rhydian Cowley	2011	12:22.0
Masters			
35-39	Ross Reid	1994	12:47.8
40-44	Ross Reid	1996	13:13.6
45-49	Ross Reid	2001	13:33.0
50-54	Peter Buller	1995	16:19.0
55-59	Phil Hutton	2003	17:36.1
60-64	Jim Short	1985	17:10.6
65-69	Jim Short	1990	18:19.0
70-74	Ralph Bennett	2016	17:06.8
75-79	Ralph Bennett	2019	17:33.6
80-84	Gus Theobald	1979	19:11.0
85-89	Gus Theobald	1982	19:31.0
90+	Gus Theobald	1989	21:21.0

5,000m Walk

Open Rhydian Cowley 19:09.48

Set at: Melbourne March 2021

Juniors		Set	Performance
Under 16	Rhydian Cowley	2007	24:39.4
Under 17	Rhydian Cowley	2007	22:19.4
Under 18	Rhydian Cowley	2008	21:43.36
Under 20	Rhydian Cowley	2011	20:54.0
Masters			
35-39	Ross Reid	1990	22:10.9
40-44	Ross Reid	1995	22:48.0
45-49	Ross Reid	2001	22:57.0
50-54	Peter Buller	1996	28:29.0
55-59	Not Claimed		
60-64	Tony Doran	2013	33:33.34
65-69	Tony Doran	2017	35:11.27
70-74	Gus Theobald	1971	30:42.0
75-79	Ralph Bennett	2017	31:28.26
80-84	Gus Theobald	1977	30:42.0
85-89	Gus Theobald	1982	33:14.2
90+	Gus Theobald	1987	35:09.5

10,000m Walk

Open Rhydian Cowley 39:14.6

Set in: 2021

Juniors	Set	Performance
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Under 16	Not claimed	
Under 17	Not claimed	
Under 18	Not claimed	
Under 20	Rhydian Cowley	2009 43:22.0

Masters

35-39	Not claimed	
40-44	Not claimed	
45-49	Not claimed	
50-54	Not claimed	
55-59	Not Claimed	
60-64	Not claimed	
65-69	Not claimed	
70-74	Gus Theobald	1:17.52
75-79	Not claimed	

20,000m Walk

Open Rhydian Cowley 1:20.19

Set in: 2019 Noms Japan

Juniors	Set	Performance
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Under 16	Not claimed	
Under 17	Not claimed	
Under 18	Not claimed	
Under 20	Rhydian Cowley	2011 1:31.26

Masters

35-39	Not claimed	
40-44	Not claimed	
45-49	Peter Buller	1:46.12
50-54	Not claimed	
55-59	Not Claimed	
60-64	Not claimed	
65-69	Not claimed	
70-74	Gus Theobald	1982 2:11.54.4
75-79	Not claimed	

50,000m Walk

Open Rhydian Cowley 3:52.58

Set in: Melbourne 2019.

Juniors	Set	Performance
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Under 16	Not claimed
Under 17	Not claimed
Under 18	Not claimed
Under 20	Not claimed

Masters

35-39	Not claimed
40-44	Not claimed
45-49	Not claimed
50-54	Not claimed
55-59	Not Claimed
60-64	Not claimed
65-69	Not claimed
70-74	Not claimed
75-79	Not claimed

Decathlon

Under 20 Charles Weisz 1995. 6679 pts

100m	11.24
400m	52.4
High Jump	1.83m
Long Jump	6.42m
Shot put	12.59m
1500m	4:42.39
110m Hurdles	16.62
Pole Vault	4.10m
Discus	40.48m
Javelin	48.52m

Open Adrian Hemery 2005. 6765 pts

100m	11.57
400m	51.71
High Jump	1.88m
Long Jump	6.84m
Shot Put	12.62m
1500m	4:49.29
110m Hurdles	15.41
Pole Vault	4.10m
Discus	34.04m
Javelin	48.10m

Masters Alex Newman 2018. 3810 pts

100m	12.66
400m	60.95
High Jump	1.50m
Long Jump	4.74m
Shot Put	9.79m
1500m	6:05.00
110m Hurdles	23.72
Pole Vault	3.30m
Discus	33.09m
Javelin	36.43m

High Jump

Open Tim Forsyth 2.36m

Set at: Melbourne 2/3/1997

Juniors	Set	Performance
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Under 13	Jason Robertson	1983	1.73m
Under 14	Lochlan Curry	2017	1.90m
Under 15	Lochlan Curry	2018	1.94m
Under 16	Thomas Donovan	1998	2.00m
Under 17	Tim Forsyth	1990	2.11m
Under 18	Tim Forsyth	1991	2.25m
Under 20	Tim Forsyth	1993	2.35m

Masters

35-39	Jeff Lang	2004	1.70m
	Greg Varigos	1993	1.70m
40-44	Jeff Lang	2006	1.85m
45-49	Greg Varigos	2004	1.59m
50-54	Hamish Marshall	2019	1.55m
55-59	Hans Meiselbach	1985	1.35m
60-64	Werner Widera	1983	1.35m
65-69	Werner Widera	1987	1.40m
70-74	Werner Widera	1995	1.25m
75+	Not Claimed		

Long Jump

Open Nabil Adamou 7.89m

Set at: 4/3/2001 at Brisbane

<i>Juniors</i>		<i>Set</i>	<i>Performance</i>
Under 13	Andrew Taylor	1980	5.32m
Under 14	Taishi Nakase	2012	6.39m
Under 15	Taishi Nakase	2012	6.39m
Under 16	Neil Lahy	1982	6.52m
	Richard Wilson	1996	6.52m
Under 17	Neil Lahy	1982	7.01m
Under 18	Brett Vanderwyk	1986	7.32m
Under 20	Brett Vanderwyk	1986	7.32m
<i>Masters</i>			
35-39	Jeff Lang	2003	5.17m
40-44	Max Binnington	1994	5.99m
45-49	Hans Meiselbach	1978	4.62m
50-54	Max Binnington	2001	6.12m
55-59	Hans Meiselbach	1984	4.45m
60-64	Werner Widera	1987	4.69m
65-69	Werner Widera	1988	4.26m
70+	Werner Widera	1995	3.75m

Triple Jump

Open Philip May 16.29m

Set in: 23/10/1967

<i>Juniors</i>		<i>Set</i>	<i>Performance</i>
Under 13	Simon Fenton	1980	11.52m
Under 14	Simon Fenton	1982	12.23m
Under 15	Nicholas Edwards	2011	12.58m
Under 16	Paul Sparks	1981	13.75m
Under 17	Paul Sparks	1981	13.97m
Under 18	Mark Conway	1965	14.53m
Under 20	Achilles Kelepouris	1994	14.72m
Masters			
35-39	Jeff Lang	2004	11.12m
40-44	Ian Sivell	1982	12.08m
45-49	Stuart Mackie	2019	9.18m
50-54	Max Binnington	2001	12.08m
55-59	Hans Meiselbach	1985	9.21m
60-64	Werner Widera	1983	8.73m
65-69	Not Claimed		
70-74	Roy Foley	1987	6.52m
75+	Not Claimed		

Pole Vault

Open Robert Chisholm 5.00m

Set at: 12/11/1984 in Melbourne

<i>Juniors</i>	<i>Set</i>	<i>Performance</i>
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Under 13	Damon Fisher	1984	2.73m
Under 14	James Filshie	1995	3.75m
Under 15	James Filshie	1995	3.75m
Under 16	John Adamopoulos	1983	4.00m
Under 17	John Adamopoulos	1984	4.30m
Under 18	John Adamopoulos	1984	4.30m
Under 20	Charles Weisz	1995	4.60m

Masters

35-39	Will Little	2019	2.50m
40-44	Alex Newman	2017	3.65m
45-49	Alex Newman	2020	3.55m
50-54	Stuart Mackie	2020	3.55m
55-59	Not Claimed		
60-64	Not Claimed		
65-69	Werner Widera	1988	2.46m
70+	Werner Widera	1993	2.30m

Shot Put (7.26kg)

Open Ray Rigby 18.14m

Set at: Melbourne 4/3/1983

Juniors	Set	Performance
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Under 13	3kg	Kym Jones		10.43m
Under 14	3kg	Hamish Nelson	2003	12.99m
Under 15	4kg	Luke Kane	1999	12.74m
Under 16	4kg	Tim Driesen	1999	15.83m
Under 17	5kg	Henry Satupai	2006	15.58m
Under 18	5kg	Henry Satupai	2007	16.61m
Under 20	6kg	Henry Satupai	2008	15.18m

Masters

35-39	7.26kg	Russell Short	2004	14.75m
40-44	7.26kg	Russell Short	2012	14.70m
45-49	7.26kg	Russell Short	2016	15.10m
50-54	6kg	Andrew Crawley	2019	11.08m
55-59	6kg	Andrew Crawley	2021	11.19m
60-64	5kg	Roy Foley	1978	12.18m
65-69	5kg	Roy Foley	1982	11.03m
70-74	4kg	Roy Foley	1990	10.96m
75-79	4kg	Roy Foley	1993	9.78m
80+	3kg	Roy Foley	1999	7.66m

Discus (2kg)

Open Vlad Slavnic 56.88m

Set in: 1982

<i>Juniors</i>			<i>Set</i>	<i>Performance</i>
Under 13	1.0kg	Trevor Homewood	1984	37.44m
Under 14	1.0kg	Aldo DiPetta	1986	50.04m
Under 15	1.0kg	Steve Partsanis	1994	63.76m
Under 16	1.0kg	Steve Partsanis	1995	72.68m
Under 17	1.5kg	Greg LaRose	1984	52.64m
Under 18	1.5kg	Greg LaRose	1984	53.96
Under 20	2kg	Greg LaRose	1984	48.92m
Masters				
35-39	2kg	Russell Short	2004	42.20m
40-44	2kg	Russell Short	2010	41.53m
45-49	2kg	Russell Short	2017	38.64m
50-54	1.5kg	Andrew Crawley	2020	36.80m
55-59	1.5kg	Andrew Crawley	2020	36.51m
60-64	1kg	Roy Foley	1977	42.46m
65-69	1kg	Roy Foley	1982	42.00m
70-74	1kg	Roy Foley	1988	38.48m
75-79	1kg	Roy Foley	1992	35.50m
80+	1kg	Roy Foley	2001	24.68m

Hammer Throw 7.26kg

Open Peter Baxevanis 74.58m

Set at: Melbourne 12/2/1992

Juniors Set Performance

4kg

Under 14	Caeden Parkinson	2019	39.98m
Under 15	Caeden Parkinson	2019	39.98m
Under 16	Riley Thompson	2015	49.37m

5kg

Under 17	Adam Daldry	2004	35.22m
Under 18	Adam Daldry	2004	35.22m

6kg

Under 20	Henry Satupai	2009	40.11m
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Masters

7.26kg

35-39	Roy Foley	1955	40.31m
40-44	Ben Hodgins	2014	34.86m
45-49	Michael Childs	2002	34.21m

6kg

50-54	Andrew Crawley	2020	33.83m
55-59	Roy Foley	1976	42.10m

5kg

60-64	Roy Foley	1977	39.80m
65-69	Roy Foley	1984	43.44m

4kg

70-74	Roy Foley	1987	47.84m
75-79	Roy Foley	1992	40.88m

3kg

80-84	Roy Foley	1999	25.27m
85+	Roy Foley	2002	16.92m

Javelin (800g)

Open Andrew Martin 84.20m

Set at: Gold Coast 5/8/2000

Juniors		Set	Performance
600g			
Under 13	Steven Brown	1980	34.14m
Under 14	John Adamopoulos	1981	45.28m
Under 15	John Adamopoulos	1982	48.76m
700g			
Under 16	Andrew Martin	1996	56.12m
Under 17	Andrew Martin	1997	59.78m
Under 18	Andrew Martin	1998	69.40m
800g			
Under 20	Andrew Martin	1999	73.94m
Masters			
800g			
35-39	Not Claimed		
40-44	Alexander Newman	2019	38.65m
45-49	Hans Meiselbach	1980	33.49m
700gm			
50-54	Hans Meiselbach	1982	30.89m
55-59	Roy Foley	1975	32.94m
600gm			
60-64	Werner Widera	1982	32.84m
65-69	Roy Foley	1984	22.08m
500gm			
70-74	Roy Foley	1988	20.94m
75-79	David Wookey	2017	25.30m
400gm			
80+	Roy Foley	2001	14.75m

Half Marathon

Open Robert DeCastella 1:01.18

Set at: Milan Italy, 4/4/1982

<i>Junior</i>	<i>Set</i>	<i>Performance</i>
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Under 20 Rhydian Cowley	2011	1:09.48
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Masters

35-39	Not Claimed	
40-44	Craig Semple	2014 1:11.11
45-49	Eric Sigmont	1993 1:14.29
50-54	Paul Strangio	2014 1:19.07
55-59	Peter Rushen	2017 1:22.17
60-64	Peter Rushen	2020 1:24.59
65-69	Len Johnson	2014 1:37.05
70+	Not Claimed	

Marathon

Open Robert DeCastella 2:08.18

Set at: 1981 Fukuoka Marathon

Juniors		Set	Performance
Under 20	Arthur Kingsland	1978	2:32.49

Masters

35-39	Not Claimed		
40-44	Trevor Vincent	1982	2:31.05
45-49	Trevor Vincent	2017	2:42.05
50-54	Hank Wijngaarden	1985	2:49.37
55-59	Peter Rushen	2018	2:55.05
60-64	Peter Colthup	1981	3:36.26
65-69	Eric Sigmont	2018	4:47.10
70- 74	Eric Sigmont	2018	5:28.35
75+	Not Claimed		

At the time of setting, Robert DeCastella's time was a world record.