

4x100m

Under 14	Amy Roberts	2011	52.63
	Charlotte McKenzie		
	Christine Byrne		
	Sophie Fighera		
Under 16	Ally Brammer	2010	51.07
	Isabelle Flook		
	Lucy Hamilton		
	Emily Rainsford		
Under 18	Kathy Hurst	1981	48.4
	Joanne Watt		
	Joanne Green		
	Michelle Baumgartner		
Under 20	Kathy Hurst	1981	48.4
	Joanne Watt		
	Joanne Green		
	Michelle Baumgartner		
Open	Debbie Flintoff-King	1984	47.44
	Nicki Webb		
	Chris Sharp		
	Di Groves		
40+	Michelle Ciavarella	2017	61.72
	Kylie Hodges		
	Kara Gilbert		
	Kellie Macknamara		

4x200m

Under 14	Kate Scott	2004	1:57.95
	Chloe Di Francesco		
	Claire Cutter		
	Alex Churchwood		
Under 16	Tamsen Kempster	2009	1:49.38
	Kayde DeBondt		
	Emily Rainsofrd		
	Lucinda Hamilton		
Under 18	Kayla DeBondt	2010	1:45.47
	Adelaide Robertson		
	Ellia Green		
	Emily McLean		
Under 20	Josephine O’Sullivan	2007	1:45.35
	Kelly Hetherington		
	Philippa Karoly		
	Sherena Mulgrave		
Open	Debbie Flintoff-King	1985	1:37.3
	Nicki Webb		
	Chris Sharp		
	Lindley Longstaff		
40+	Kara Gilibert	2018	2:34.23
	Sandra Howarth		
	Louise McLean		
	Kylie Hodges		

4x400m

Under 14	Amy Roberts	2011	4:19.03
	Jessica Clark		
	Sophie Fighera		
	Charlotte McKenzie		
Under 16	Ally Brammer	2010	4:15.81
	Emily Rainsford		
	Chynea Lang		
	Isabelle Flook		
Under 18	Jeannie Gray	1982	3:56.6
	Janice Watt		
	Kerrie Baumgartner		
	Kathy Hirst		
Under 20	Jeannie Gray	1982	3:56.6
	Janice Watt		
	Kerrie Baumgartner		
	Kathy Hirst		
Open	Michelle Baumgartner	1984	3:43.3
	Debbie Flintoff-King		
	Chris Sharp		
	Nicki Webb		
40+	Michelle Ciavarella	2017	5:32.0
	Kylie Hodges		
	Kara Gilbert		
	Louise McLean		

4x800m

Under 16	Kaori Nakase	2009	10:25.90
	ChauneY Douglass		
	Olivia Mort		
	Courtenay Wood		
Under 18	Larissa McBurney	2019	9:29.02
	Sophie O’Sullivan		
	Kaitlan Barr		
	Ciara Losty		
Under 20	Kayde DeBondt	2011	9:47.57
	Niccole Anthony		
	Jayde DeBondt		
	Keana Tour-May		
Open	Cara Peake	2011	9:26.66
	Georgina Beech		
	Anna Ross		
	Melissa Vandewater		

4x1500m

Under 20	Sarah Lund	2004	22:37.13
	Kate Monagle		
	Laura Monagle		
	Laura Eades		
Open	Kellie Macknamara	2010	18:52.17
	Benita Willis		
	Sonia O'Sullivan		
	Erica Fountain		
Masters	Julia Edwards	2014	20:59.22
	Sonia O'Sullivan		
	Bridget Wetherall		
	Gill Highnam		

Medley

Under 16	Brittney Tran	2015	4:08.25
	Jasmine Fassoulis		
	Ciara Losty		
	Sophie O’Sullivan		
Under 18	Brittney Tran	2015	4:08.25
	Jasmine Fassoulis		
	Ciara Losty		
	Sophie O’Sullivan		
Open	Claire Cuttler	2010	3:57.56
	Ashleigh Horrobin		
	Kelly Hetherington		
	Erica Fountain		